



**The Exchange Club of Kiawah-Seabrook
Box PMB-J
130 Gardener's Circle
Johns Island, SC 29455**

**ECKS Member Meeting
2/2/2022**

Jack Wilson opened the meeting and introduced Jim Bannister.

Jim offered the invocation and followed with the honoring of South Carolina Fallen Hero, USA Specialist Katrina Bell-Johnson, age 32, of Orangeburg, SC; assigned to the 418th Transportation Company, 180th Transportation Battalion, Ft. Hood, Texas.

Specialist Bell-Johnson died February 16, 2005, when the military vehicle she was riding in overturned while delivering supplies in Baghdad, Iraq during Operation Iraqi Freedom.

Specialist Bell-Johnson, who was serving her second deployment to Iraq, was recognized as an expert shooter and was seeking promotion to Sergeant. She left behind a husband and 1-year old daughter, Gabrielle.

Jack then welcomed tonight's guests. He reminded everyone that the deadline for nominations for the Angel Oak Award is February 11th. The awards dinner is scheduled for May 18th.

Roger Steel was introduced and he reports on the January 20th CSO event. The next CSO event will be April 28th.

Following dinner, tonight's speaker was introduced, Sara Perry, Executive Director of Respite Care Charleston. Sara gave an extremely interesting presentation on dementia. The presentation was followed with a Q&A session. An outline of the presentation and her biography is attached.

Jack Wilson closed the meeting.

Sara Perry
Executive Director
Respite Care Charleston

Biography

Sara Perry is Executive Director of Respite Care Charleston, a 501(c)3 nonprofit organization which provides support and services to those living with Alzheimer's and related forms of dementia. A graduate of Winthrop University (Marketing Communications) and the College of Charleston (Master of Public Administration), Sara has more than 20 years of experience in the non-profit/public sector. She has completed the Charleston Metro Chamber's Leadership Charleston program and was named one of one of the Charleston Regional Business Journal's "Forty Under 40" in 2016. A proud mother of two, Sara enjoys sailing and home improvement projects.

Discussion Subjects

- What is dementia? symptoms, types and prevalence
- Risk factors
- Diagnosis & progression
- Treatment (inc. aducanumab and others in development)
- Prevention
- RCC services (programs, philosophy of care)
- How to help (support caregivers, clinical trials, volunteer)